



# WAYNE STATE UNIVERSITY

Board of Governors  
Student Affairs Committee  
December 7, 2023

# **Services to Support a Safe and Inclusive Learning Environment**

December 2023





# Setting the tone begins at orientation

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Student Affairs Committee

# New Student Orientation

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Each Orientation session includes presentations and a resource fair for participants to learn more about offices and support services available to students, including the following:

- Dean of Students Office (DOSO)
- Office of Multicultural Student Engagement (OMSE) - presentation and interactive activity
- Counseling and Psychological Services (CAPS)
- Student Disability Services (SDS)
- Campus Health Center
- The W Pantry and Thrift Shop
- Transfer Student Success Center (TSCC)
- Colonel Gregory Gadson Office of Military and Veterans Academic Excellence (OMVAE)
- Learning Community program
- Student Senate



# Orientation services:

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**During Orientation (more than 20 in 2023), all new students are introduced to services provided to promote a safe and inclusive environment.**

## **Dean of Students Office (DOSO)**

- Overview of DOSO services to promote the benefits of engaging in student activities and organizations.
- Access to 500+ student organizations with options to establish “new” student organizations in areas important to the student community.
- Calendars of events providing cultural, social and other activities.
- Vibrant and numerous Greek fraternities and sororities, including the “Divine 9.”
- Student basic needs, including a free pantry and thrift store.
- Conduct and care resources for students with any issues or concerns they may have.
- Student Services Resource Fair DOSO participates in these opportunities to speak personally with interested students and parents about services provided by DOSO and the university at large.







# Orientation services

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OMSE:

## **Welcome presentation includes:**

- Interactive networking activity through a cultural and identity-based lens
- Discussion of OMSE programming, Learning Communities and ways to get involved
- Overview of leadership opportunities within OMSE



# What is MCA?

A Student organization Created to unite various Cultures through exciting events

Provides a safe space for meaningful discussions regarding shared minority struggles

Inspires and encourages the celebration of different backgrounds and traditions

JOIN OUR WHATSAPP TO MAKE SURE YOU DONT MISS OUT ON ANY IMPORTANT UPDATES!

# MULTI CULTURAL ASSOCIATION

## MISSION

The Multi-Cultural Association at Wayne State University is committed to creating a space that amplifies the co-existence of minorities by not only promoting, but also exemplifying inclusive environments within the university that mirror the real world.

## STATEMENT

### FOLLOW US ON INSTA!!!

# Why Should You Join?

- Exciting Social events!
- Chance to get involved At Wayne!
- Try new foods
- Explore new music!
- Teach People about your culture!
- Learn about other cultures!

ADD TO OUR CULTURAL COLLABORATIVE PLAYLIST!

# Ongoing services

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# Dean of Students Office

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- Assist student organizations with organizational operations, event planning and education on campus policies.
- DOSO staff attend programs and events for support.
- Coordinate collaborative responses to student life and organizational crises.
- Respond to campus and community inquiries about events.
- Provide care, support and intervention services for students, such as Student Care Reports, basic needs assistance, student complaint forms and Student Code of Conduct.





# Volume: Student Care Report data

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**Aug. 28 through Nov. 16, 2023 (fall 2023) – 349**

Anxiety-70, Stress-69, Personal Wellness-61, Depression-50

**Jan. 1 through May 3, 2023 (winter 2023) – 381**

Stress-62, Personal Wellness-53, Anxiety-49, Depression-48

**Aug. 28 through Nov. 16, 2022 (fall 2022) – 343**

Stress-73, Anxiety-62, Missing From Class-50, Depression-47

*Many cases are referred to CAPS; there is a prevalence of world issues causing strife in this semester's cases as well as an increase in homeless and precariously housed student issues.*







# OMSE - General Support

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## Heritage months and identity-based events

- Disability Awareness Month  
3 events, 2 attendees
- Hispanic Heritage Month  
4 events, 29 attendees
- Native American Heritage Month  
3 events, 22 attendees  
(for the 2 so far)
- International Education Week  
2 events, over 30 attendees

## LGBTQ+ student engagement

- Welcome Back Brunch, 45 attendees (one of the largest attendance)
- Coming Out Week  
2 OMSE events, 33 attendees

## Welcome Black events

- Welcome Black Fall Event, 337 attendees
- Resume Writing with Career Services, 6 attendees
- Vision Board, 300 attendees
- Soul Food Friday, RSVP count 215









# OMSE - General Support

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## Learning Community events for students of color

- The Network  
1 event, 8 attendees
- RISE  
3 events, 12 attendees
- Joint event: Friendsgiving  
19 attendees

## Training and workshops

Social and Personal Identity — most requested

- Law School, 120+ students
- Peer mentors, 100+
- Housing student staff, 100+

## Programming around current events

Dialogue and Listening Circles

- Israel-Palestine
- Stop Asian Hate
- Sense of Belonging for Students of Color during COVID & virtual experiences
- Student-led programming through our Multicultural Student Advisory & Programming Board (MSAPB)





Student Affairs Committee

# CAPS nonclinical/prevention services

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## ***New – Collegiate Recovery Program (funded by Jamie Daniels Foundation):***

- Peer support for students in recovery from addictions
- Master's-level social worker hired as coordinator; student assistant hired
- Weekly support group underway

## ***Let's Talk:***

- Informal drop-in sessions offered by CAPS counselors
- Approximately 110 sessions so far this semester

## ***Critical Incident Stress Management:***

- Partnership with WSUPD and CAPS
- Debriefing intervention designed to prevent post-traumatic stress reactions
- Eleven responses this semester (e.g., faculty death, police difficult call, two protest events)
- Most responses involve several debriefing sessions



# CAPS clinical services (pre- to post-pandemic)

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## Students are receiving *much better* service:

Wait list peaked at 160 in Nov. 2018; now 29 (as of 11/16/23)

Average wait was around 22 days; now 8.6

## Receiving *more* services:

So far this fall, 678 students attended 2,801 appointments vs. 794 students who attended 2,246 appointments in the same period in 2019

Average number of counseling sessions was five in 2019, now 6.3

Many more now receiving psychiatry (the costliest service)

Many more receiving case management (assistance with getting insurance, basic needs, etc.)

Student no-show rate has dropped from 6.5% to 5.3%

Shift from helping students mainly via individual counseling to now providing a suite of different coordinated services





# CAPS nonclinical/prevention services (cont'd)

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## “Mental Health First Aid” trainings:

Six- to eight-hour “Gatekeeper” training for suicide prevention

All who complete our trainings earn a three-year certification

CAPS has two instructors and has trained thousands of WSU students, faculty and staff:

All medical students, all resident assistants, athletics staff, Law School, physician assistant program

## Outreach:

Educational presentations, tabling events, etc.

About 75 so far this semester (more than one per day)

## Workshops:

Koru Mindfulness, Imposter Syndrome in Grad School, Stress Management in BIPOC & Marginalized Groups, etc.







# CAPS Clinical Services (students served fall 2023; change year over prior year)

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Initial consultations (462; +16%)

Individual counseling (617; +8%)

Group counseling (105\*; +106%)

Brief problem-solving (11; +267%)

Psychiatry (105; +57%)

Case management (174; +107%)

Daytime urgent consultations/crises (33; +22%)

After-hours crisis management (118; +123%)

\* Counted more than once if attending multiple groups



STATE  
UNIVERSITY  
of Sexual Violence  
Prevention and Education

More information about  
our services and resources



ALL SERVICES ARE FREE  
AND CONFIDENTIAL

# Be The Light



Be The Light



# Recent enhancements

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## Mental Health Triage program

- Single point of initial contact
- Needs-based referral to appropriate level/scope of practice of provider/service

## Enhancements to Behavioral Intervention Team

- Added two non-clinical caseworkers
- Provides continuity for students
- Differentiates clinical care for mental health needs from other behavioral issues





# Recent enhancements

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## **Strengthen crisis response for continuity of care**

- Added on-call CAPS support to crisis response
- Provides a WSU mental health professional as first point of contact; promotes continuity

## **Sexual violence prevention and education**

- Differentiate Title IX adjudication from counseling/support
- Provides campus-wide education





Office of  
Sexual Violence  
Prevention and  
Education

# Next steps

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- BIT review to align with national best practices
- Support systematic use of Maxient platform across services to facilitate review and coordination of services
- Review, evaluation and ongoing coordination of services through the Inclusive Culture of Care team

