

Impact of the Pandemic on Student Health

- 1. Reduced attention to primary care needs, routine screening
- 2. Inactivity
- 3. Compromised transition to college
- 4. Social Isolation
- 5. Mental health issues predominate and are more complex
- 6. Usual modes of treatment interrupted



WSU Response

 Partnership with Student Senate & Mental Health Resources Working Group

 Two additional counsellors to Counselling and Psychological Services (CAPS)

One Psychiatric/Mental Health Nurse added to Campus Health Center



Moving Forward: Four Initiatives

Mental Health Triage Program

Enhancements to Behavioral Intervention Team

Strengthen Crisis Response for Continuity of Care

Sexual Violence Prevention & Education



Mental Health Triage

- Single point of initial contact
- Needs-based referral to appropriate level/scope of practice of provider/service
- Pilot Spring/Summer 2022



Enhancements to Behavioral Intervention Team

- Add two non-clinical caseworkers
- Provides continuity for student
- Differentiates clinical care for mental health needs from other behavioral issues
- Supports best practice



Strengthen Crisis Response for Continuity of Care

- Add on call CAPS support to Crisis Response
- Provides a WSU mental health professional as first point of contact; promotes continuity
- Supports existing team
- Pilot Spring/Summer 2022



Sexual Violence Prevention & Education

- Differentiate Title IX adjudication from counselling/support
- Provide campus-wide education
- Coordinated campus response consistent with best practice
- Important partnership with student senate



Desired Impact

- Use best practice models to respond to changing student needs post pandemic
- Augment existing services to enhance continuity of care
- Match individual needs with provider expertise
- Differentiate adjudication from clinical services



